

PAVING WAYS



Paving Ways is a therapeutic group for parents/carers who are experiencing the effects of their child's/dependant's problematic alcohol and/or drug use.

**For further enquiries
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About Paving Ways

Paving Ways is a six week program facilitated by qualified clinicians who understand the complexities of problematic alcohol and/or drug use and any associated mental health issues. It is a safe and supportive environment for parents/carers to explore strategies and skills to manage their own stress and the behaviour of their child/dependant.

Testimonials

“I felt supported by hearing other people’s stories and empowered, knowing there are things I can do to help shift where my child is.”

“I came seeking tools to address a problem where I was out of my depth. I now feel equipped to tackle the problem.”

“The group has been so educational and informative – given me so much more confidence and hope.”